

Health & Medical English

Who works in a clinic诊所 or hospital医院? ·receptionists 接待 ·pharmacists 药剂师 ·nurses 护士 ·nurse's assistants 护工 ·doctors 医生

Who do we meet first? Who takes us to the examination room? Who gives us the check-up 身体检查? Who prescribes medicine? 来开药方? Who fills the prescription 配药方 and gives you the medicine? Who does surgery 手术?

Appointment or Emergency? If you are not very sick or in terrible pain, you will probably make an appointment 预约 to see a doctor in the near future. Sometimes, we can't wait, so we have to go to an urgent care center 急救中心 or the emergency room 急救室 of a hospital.

Illnesses: ·be born with/without **Sth.** 先天性疾病/天生残疾 ·cancer 癌症 ·cold 感冒 ·contagious 传染性的 ·disease 疾病 ·fever 发烧 ·the flu/influenza 流行性感 冒 ·infection 传染病 ·virus 病毒

Pain: “Where does it hurt?” 在哪里疼? My (**body part** 身体部位) is sore 痛. My (**body part** 身体部位) hurts 疼痛. I have a pain in my (**body part** 身体部位). I have a (**body part** 身体部位)-ache (疼痛的后缀). Comfort somebody. 安慰 Ow!/Ouch!/Oweeeee! 哎哟! “Tell me if this hurts.” 如果感觉疼的话告诉我。 “Brace yourself.” 接下来会很疼。 “This is going to hurt (a little).” 接下来会有点疼。 “I can give you some medicine for the pain.” 我会给你开点药来缓解你的疼痛。

Broken Bones 骨折: “I think I broke my ____.” 我觉得我的(身体部分)断了 “How did you break it?” 你是怎么弄断的? “I was **V.-ing** (动词加“ing”)” 我是因为.....弄断的。

“Let's get you fit for a cast/splint.” 我们会根据你受伤的程度用石膏/夹板来帮你固定。 “How long will it take to heal?” 要花多久才能治好我的骨折? “How long until I'm back to 100%?” 要花多久我才能完全恢复?

The Check Up 检查: “How are you feeling today?” “How do you feel today?” 你今天身体怎么样? “Please roll up your sleeve.” 请卷起袖子 “Please take off your ____.” 请脱掉你的..... “Just relax.” 放松 “You can put your ____ back on.” 你可以把你的.....穿上了。 “Be sure to get plenty of rest.” 请保证足够的休息 ·blood pressure 血压 ·check **Sth.** 检查(血压、血糖、牙齿.....)

“Is it serious?” 很严重吗? “Is there any hope?” 有没有希望? “What can I do about it?” 我能为此做些什么?

Medicine 药: ·band-aid 创可贴 ·capsule 胶囊 ·external medicine 外用药 ·herbal medicine 草药 ·oral medication 口服药 ·painkillers 止痛药 ·Traditional Chinese Medicine 中药 ·a treatment/therapy 治疗 ·Western Medicine 西药

Good Habits 好习惯: ·brush teeth twice a day 一天刷两次牙 ·drink plenty of water 喝足够的水 ·eat healthy 吃得健康 ·exercise regularly 勤锻炼 ·get enough sleep 睡眠充足 ·listen to the doctors 遵医嘱 ·wash hands regularly 勤洗手

Other Vocabulary ·cure **Sth./Sb.** 治好 ·dentist 牙医 ·health insurance 医疗保险 ·healthy 健康的 ·malpractice 误诊 ·medical bill ·patient 病人 ·prevention 预防 “An ounce of prevention is worth a pound of cure.” 一分预防胜过十分治疗 ·throw up 呕吐 ·waiting room 候诊室